

## A Brief Introduction on the Various Kinds of Plastic Surgeries

Plastic surgery has become highly popular in the contemporary time. The need to look young and presentable has been felt lately. As consciousness is on the rise, more and more people are going for varied kinds of cosmetic surgeries to improve their body features and change their overall appearance, so that they come into people's notice.

Nowadays a multitude of cosmetic surgeries are performed on the people with the basic idea to change the natural features and give the desired look to the person with well shaped eyes, nose, ears and other parts of body. It can be said that now you can change almost every single thing you don't like about yourself as far as your physical look is concerned. Women are especially becoming particular about how they look and they usually prefer to look for such resorts to gain the attention of men and to come into limelight. Plastic surgery is mainly popular among the celebrities who get paid for showing their voluptuous body to the people.

### Popular Types of Plastic Surgery

**Abdominoplasty:** Abdominoplasty is the most widely used plastic surgery. It enables the people get rid of the fat deposits on their stomach. This procedure is more popularly known as tummy tuck, as it opens the gateway for you to get a flat stomach. It is of immense use to females who have just delivered their babies and have gained excessive weight due to pregnancy. It is sought after mainly by those people who fail to lose weight despite making all the possible efforts.

**Liposuction:** It is another popular plastic surgery that is used to remove the excessive body fat speedily. In the US, this plastic surgery is used by almost every obese person to lose body weight faster. It is commonly done on the hip area, waist, stomach and thighs.

**Breast Enlargement:** For women, having good breasts means an asset. They feel confident and good about their bodies, because it is this organ that makes up their personality and also catches attention. Females look good in fit clothes only if they have good breasts and the ones who don't have heavy breasts look for resorts that can help increase the size of their boobs. It is here that breast augmentation surgery comes to play a crucial role. In this surgery, the doctor places an implant made from silicon and saline water on the area behind the breasts.

**Facelift:** Facelift is done on the people who are frustrated with the formation of wrinkle marks on their face. What happens is that as a person grows old, he/she tends to lose the firmness of skin and it is the loose skin that acquires the form of wrinkles.

There are many more plastic surgeries being performed in today's time but the above mentioned are the most widely used plastic surgeries.

### About the Author

Surf internet to know more on [Cosmetic surgeries](#), [Abdominoplasty](#), [Liposuction](#), [Breast Enlargement](#) and [Facelift](#). Research extensively and then you will be better able to find a suitable plastic surgeon.

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